Miami-Dade County Public Schools

School Wellness/Healthy School Team Committee Action Plan 2026-2027

School Name & Location Number:	South Hialeah Elementary School 5201
Principal:	Mr. Ramses Ancheta
Phone Number:	305-885-4556
School Wellness/Healthy School Team Leader:	Ms. Formoso, Assistant Principal
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	*Student: Anthony Valladares *Physical Education Teacher: Mr. Harold McCray *School Administrator: Mr. Ramses Ancheta *School food service manager: Ms. Norma Perez *Parent: Yicel Guerrero *School Volunteer: Ms. Mercedes Huante *School Health Professional: N/A
Committee Meeting Dates (list at least 4):	Faculty meeting November 2026, EESAC meeting November 2026, Faculty & EESAC meeting May 2027
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	☒Nutrition ☒Physical Education ☒Physical Activity ☐Health and Nutrition Literacy ☒Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	**Nutrition:** *Free breakfast and lunch will be promoted during morning announcements and school website. *A balanced breakfast and lunch will be served daily. *Introduce new fruit and vegetables twice weekly to students as a healthy snack through FFVP. **Physical Education:** *The physical education teachers will conduct the fitness program in the Fall and Spring. *All grade levels (PK – 5) will participate in Field day in order to build a love for physical activities before students reach grade 2..

	Physical Activity: *The after-school program will incorporate Dance and Sports into their program. **Health and Nutrition Literacy:** *The physical education teachers will prepare and deliver age-appropriate health and nutrition lessons. **Preventive Healthcare:** *The district Wellway Wellness Program will be invited in the Spring to meet with Faculty and Staff members.
Sustainability Practices:	*Using Share Tables to teach students to redistribute food rather discard it.
Community Engagement:	*The Career Day Committee will invite Fire-Rescue, Nurses, Doctors, and other Health Care Professionals to the school's Career Day Fair. *Invite partnership with local grocery stores in order to provide healthy snacks for faculty meetings and parent workshops.
Monitoring and Evaluation:	*Committee Meeting Agenda and Sign in Sheets *Parent workshop agenda and sign in sheets *Flyers
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	*Monthly Parent Academy Meetings presenting topics on health and nutrition, and Physical activity topics.