



Miami-Dade County Public Schools
**School Wellness/Healthy School Team Committee Action Plan
 2024-2025**

School Name & Location Number:	South Hialeah Elementary 5201
Principal:	Dr. Dillon Williams
Phone Number:	305-885-4556
School Wellness/Healthy School Team Leader:	Ms. C Penedo, Assistant Principal
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	<ul style="list-style-type: none"> ● Student: Gabriel ZRico ● School Administrator: Dr. Dillon Willaims ● School Food Service Manager: Ms. Norma Perez ● Parent: Ms. Dania Tamayo ● School Health Professional: N/A ● Physical Education Teacher: Mr. Harold McCray & Mr. Frank Loureda ● School Volunteer: Ms. Aileen Rico
Committee Meeting Dates:	Faculty Meeting November 2024, EESAC Meeting November 2024, Faculty and EESAC Meeting May 2025.
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input type="checkbox"/> Health and Nutrition Literacy <input type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	Nutrition: <ul style="list-style-type: none"> ● Free breakfast and lunch will be promoted during morning announcements and school website. ● A balanced breakfast and lunch will be served daily. ● Introduce new fruit and vegetables twice weekly to students as a healthy snack through the Fresh Fruit and Vegetable Program Grant (FFVP).

	<p>Physical Education:</p> <ul style="list-style-type: none"> ● The physical education teachers will conduct the fitnessgram in the fall and spring. ● Field day will be done by all grade levels to build a love for physical activities. <p>Physical Activity:</p> <ul style="list-style-type: none"> ● The after school care program will incorporate yoga, karate, dance and sports into the program. <p>Health and Nutrition Literacy:</p> <ul style="list-style-type: none"> ● The physical education teachers will prepare and deliver age-appropriate health and nutrition lessons. <p>Preventive Healthcare:</p> <ul style="list-style-type: none"> ● The district Wellway Wellness program will be invited in the Spring to meet with Faculty and Staff members.
Sustainability Practices:	<ul style="list-style-type: none"> ● Using Share Tables to teach students to redistribute good rather than discard it.
Community Engagement:	<ul style="list-style-type: none"> ● The Career Day committee will invite Fire-Rescue, Nurses, Doctors and other health care professionals to the school's career day fair. ● Increase partnership with local grocery stores in order to provide healthy snacks for faculty meetings and parent workshops.
Monitoring and Evaluation:	<ul style="list-style-type: none"> ● Committee Meeting Agenda and Sign in Sheets ● Parent workshop Agenda and Sign in Sheets ● Flyers

<p>Other Activities: If applicable, attach supporting documentation (e.g. event flyer)</p>	<ul style="list-style-type: none">● Monthly Parent Academy Meetings presenting topics on health and nutrition and physical activity topics.
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